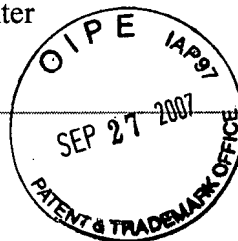


## Meds: A - E

### EMLA® Cream

(EM-la)



C

Definition | Special instructions | How to give medication | Missed dose | Side effects | Warnings |

### Related Services

- Pain Management
- Pediatric Surgery
- Family Resource Center

### What is EMLA® cream?

The purpose of EMLA® cream is to numb the skin before a painful procedure. It contains a mixture of two ingredients, lidocaine and prilocaine, which work together to numb the skin. It is usually applied to the skin and covered with a clear dressing about 1 hour before the procedure or needle stick to help reduce the pain associated with the procedure or needle stick.

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### Special Instructions

- Do not put near eyes. If EMLA® should get into your child's eye, wash the eye with water and call the doctor immediately.
- Do not put onto an open wound like a cut or a scrape.
- Do not use on children less than one month old.
- This medication should only be used on the skin.
- Store at room temperature.
- Do not use after the expiration date on the package.
- Children with darker skin may need to leave the cream on longer to get the appropriate numbing effect.
- Keep this medication out of the reach of children
- If too much medication is taken by accident, call the Drug and Poison Information Center (DPIC), 513-636-5111 or 1-800-222-1212 or call your child's doctor right away.

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### Instructions for use

1. At least 1 hour before the procedure squeeze an appropriate amount onto the skin where the procedure will happen.
2. Cover the cream with a dressing making sure that the edges seal the cream onto the skin and the cream does not leak out.
3. Before the procedure, remove the dressing and clean the skin.

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### Missed dose

For any medication information related to your child's dosing schedule and/or missed doses, contact the healthcare provider who prescribed the medication.

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## Side effects

Contact your child's doctor if symptoms persist or become bothersome:

- Redness or bruising
- Swelling
- Itching
- Change in skin temperature

## Warning signs

Call your child's doctor immediately if your child develops:

- Dizziness
- Decreased heart rate

## Contact Us

For additional information on this or any Health Topic, please call the Family Resource Center, 513-636-7606, or your pediatrician.

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3333 Burnet Avenue, Cincinnati, Ohio 45229-3039  
513-636-4200 | 1-800-344-2462 | TTY: 513-636-4900

